# South Auckland Spiritualist Church SCNZ™



## SPIRITUAL CONNECTION & HEALING

All Welcome
Sunday Service 5:30pm

# WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025



Calendar for **February 2019** Sunday service

Feb 3rd Helen Young Feb 10th Zane Smith

Feb 17th Vel & Barry Gordon

Feb 24th Karena Dixon





Phases of the Moon during February

New Moon - 5<sup>th</sup> Tues 10.04am

First Quarter - 13<sup>th</sup> Wed 11.26am

Full Moon - 20<sup>th</sup> Wed 4.53am

Last Quarter -27<sup>th</sup> Wed 12.29am

Thought for the month...

"The secret to change is to focus all your energy, not on fighting the old, but on building the new". -Socrates

Do Your Best

Do you best, even if you make apparent mistakes - how are you to judge if they are mistakes? You can only obey the higher urge which inclines you to contribute the best that you have to the service of the community of human beings and angels. Thus you shall be an ever-growing channel for the light of the Master.

Excerpt from The Quiet Mind – sayings of White Eagle



**Classes** – these will be commencing after Waitangi day, with our first class of the year on 11<sup>th</sup> Feb. All classes run **from 7pm to 9pm.** As these are starting after the beginning of the month there will be only one Intro class for February.

11th Feb - Healing

18th Feb – Introduction to Spiritualism

25th Feb - Healing

#### Healing Class

Spiritual Healing is the flow of a beneficial energy from God through a healer to the recipient, that prompts the natural body intelligence to heal itself.

- Learn more about & practice Spiritual Healing or
- Enroll in a 2 year course to become a registered healer with Spiritualism NZ

Attune with your healing guides and be a channel for healing from Spirit, the Divine Source.

All enquiries to Karena Phone 022 064 4637

#### Introduction to Spiritualism class

A Monday night development circle to learn how to develop your mental faculties and connect with spirit in a safe and supportive environment.

All enquiries to Matthew Tod at <a href="mailto:odc@spiritualgrowth4U.com">odc@spiritualgrowth4U.com</a>
Or phone 021 173 6344



A very happy birthday to anyone celebrating this month ... yes, this is you! ③



## Subscriptions for the current year.

\$30 to join for the year 1<sup>st</sup> July 2018 – 30 June 2019. Receive discount at classes and reading days and access to our library.

Please enquire at Church.

#### COMMITTEE Jul 2018 - Jun 2019

President: Karena Dixon
Vice President: Barry Hall
Secretary: Gina Smith
Treasurer: Anne Pope
Committee: Reg Litherland

Shelley Hornell Annette Brooks Vicki Clarkson Vivienne Smith

Ministers: Matthew Tod

Susan Kirker

Our point of contact for Mediums on platform is Shelley Hornell, and can be contacted via email at:

shelleyatchurch@gmail.com



Simple Formula for Living
Live beneath your means.
Return everything you borrow.
Stop blaming other people.
Admit it when you make a mistake.
Give clothes not worn to charity.
Do something nice and try not to get caught.

Listen more, talk less.

Every day take a 30 minute walk.

Strive for excellence, not perfection.

Be on time. Don't make excuses.

Don't argue. Get organised.

Be kind to unkind people.

Let someone cut ahead of you in line.

Take time to be alone.

Cultivate good manners.

Be humble.

Realise and accept that life isn't fair.

Know when to keep your mouth shut.

Go an entire day without criticizing anyone.

Learn from the past, plan for the future.

Live in the present.

Don't sweat the small stuff.

It's all small stuff.



Hold the date! our Spiritual Reading Days in 2019;

- Saturday 2<sup>nd</sup> March
- Saturday 29<sup>th</sup> June
- Saturday 2<sup>nd</sup> November



Everything is placed before you for a reason

Catching the moment to be completely still and focused, will bring the stepping stones that lead to clarity.

Being open in every possible moment, to the unexpected.

Received and experienced without prethought or reasoning

Accepting what is placed before us, as it is, in the moment.

Going within.

(Inspirational writing from Development group member Anne Pope)



If anyone has any potential contributions for the newsletter e.g. events, guided writing, items of interest, etc, please do email me at <a href="mailto:annepope8@hotmail.com">annepope8@hotmail.com</a>

If you could include the heading as 'newsletter' I will then be able to quickly pick up anything that may go to the wrong folder e.g. junk mailbox



Love and Light to All